



Chip'n Away @ Heart Disease is a 501c3 non-profit organization that promotes preventive measures to improve heart-health. The organization began in 2011 and focuses on efforts to fight heart disease. Chip'n Away @ Heart Disease sponsors community health initiatives including Teams Against Heart Disease Red Shoelace Project, What's Your 120/80, and the annual Chip'n Away @ Heart Disease CARDIAC Car Show.

Chip'n Away @Heart Disease was founded by the late Coach Narleski "Chip" Malone. The Coach was the former head coach with Warner Robins Varsity boys basketball and was a well-respected figure in the community. He founded Chip'n Away @ Heart Disease, becoming a spokesperson and advocate for battling heart disease after he underwent a heart transplant in 2010. Following his procedure, he maintained a disciplined routine.

One evening Coach Malone and a family friend were having a discussion. Coach Malone explained that he wanted to share his story so others would not have to experience what he went through. The family friend commented, "I'll let everybody know that "Chip" will be chipping away at heart disease real soon." And the name was chosen for the organization.

Chip'n Away @ Heart Disease was soon awarded non-profit status. The organization added scholarships to deserving high school students to assist in furthering their college education.

Coach Malone and his wife, Cynthia Malone partnered with many organizations throughout the state of Georgia that were dedicated in fighting heart disease. From this couple's experience, the message of hope was delivered to 40,000 individuals in nearly five years since the inception of the organization. The couple visited high schools, colleges and health fairs in and around Houston County sharing Coach Malone's experience and giving tips on how to live a healthier life and how to prevent heart disease. The two also traveled throughout the state of Georgia.

In addition to public speaking, the coach partnered with the Georgia Transplant Foundation and became a volunteer with the American Heart Association and Lifelink of Georgia. He was led to write about his experience in a book. His published account, '*A Second Chance*,' depicts his struggle to live and the power of love and triumph he experienced, while highlighting the effects of this deadly disease. He passed away suddenly in October, 2015.

Today, Cynthia Malone runs the organization with an executive committee and a team of volunteers. She speaks publicly, educating people on the risk factors for heart disease. Her dedication to bringing awareness to audiences on ways to improve heart health, lifestyle changes and pre and post-transplant experiences is based on what she has witnessed first-hand.

YOU CAN join the fight against heart disease!

To donate to Chip'n Away @ Heart Disease, visit [here](#)